

# Colorado Cha Cha.com (aka Stationary Cha Cha, Denver Cha Cha, Cowboy Cha Cha, Texas Cha Cha)

**Count:** 28 **Wall:** 4 **Level:** Improver line or partner dance (cape position)

**Choreographer:** Manny & Alice Rodela (1990)

**Music:** "Tougher Than The Rest" by Chris LeDoux 104 BPM (or any slow Cha Cha, preferably <108 BPM)

## [1-8] SHUFFLE FORWARD, ROCK RECOVER, SHUFFLE BACKWARD, ROCK RECOVER

- 1&2 L-R-L Shuffle forward L R L (facing 12:00)  
 3-4 R-L Rock forward on R (3), recover on L (4) (12:00)  
 5&6 R-L-R Shuffle backward R L R (12:00)  
 7-8 L-R Rock back on L (7), recover on R (8) (12:00)

## [9-16] SHUFFLE FORWARD (WHILE ROTATING 1/2 RIGHT), ROCK RECOVER, SHUFFLE BACKWARD (WHILE ROTATING 1/2 LEFT), ROCK RECOVER

- 1&2 L-R-L Shuffle forward L R L (while rotating your body a 1/2 turn right) (6:00)  
 3-4 R-L Rock back on R (3), recover on L (4) (6:00)  
 5&6 R-L-R Shuffle forward R L R (while rotating your body a 1/2 turn left) (12:00)  
 7-8 L-R Rock back on L (7), recover on R (8) (12:00)

## [17-24] SHUFFLE FORWARD (WHILE TURNING 1/4 RIGHT), 1/2 PIVOT TURN LEFT, SHUFFLE FORWARD, 1/2 PIVOT TURN RIGHT

- 1&2 L-R-L Shuffle forward L R L (while making a small 1/4 turn right) (3:00)  
 3-4 R-L Step fwd onto R foot & pivot turn 1/2 left on balls of feet (3), shift weight onto L foot (4) (9:00)  
 5&6 R-L-R Shuffle forward R L R (9:00)  
 7-8 L-R Step fwd onto L foot, pivot turn 1/2 right on balls of feet (7), shift weight onto R foot (8) (3:00)

- ## [25-28] SWAY FORWARD, SWAY BACKWARD; SWAY FORWARD, SWAY BACKWARD
- 1-2 L-R Step forward onto L and sway forward (1), shift weight back onto R to sway backward (2) (3:00)  
 3-4 L-R Shift weight forward onto L to sway forward (3), shift weight back onto R to sway backward (4) (3:00)

### REPEAT

Variation: Counts 25-28 sways, can be replaced by two 1/2 right pivot turns.

### VIDEOS:

- This video [youtu.be/N8ae8Ytxl3Y?t=725](https://youtu.be/N8ae8Ytxl3Y?t=725) shows our quick Walk Through of both single and partner versions (Video 425).
- This video [youtu.be/XnuVWl7E\\_pw](https://youtu.be/XnuVWl7E_pw) shows a 37-second-long walkthrough posted by Cindy Pruet.
- This video [youtu.be/N8ae8Ytxl3Y?t=1579](https://youtu.be/N8ae8Ytxl3Y?t=1579) shows us dancing the whole dance.

### WEB PAGE:

- More Youtube videos, teaching and demonstrating both line and partner dances, plus step sheets – are linked from [ColoradoChaCha.com](http://ColoradoChaCha.com) (ColoradoChaCha.wordpress.com)

### Notes:

- This dance is found on Youtube as the Colorado Cha Cha, Denver Cha Cha, Stationary Cha Cha, Cowboy Cha Cha, & Texas Cha Cha.
- The actual footwork is the same as the original step sheet on Kickit as recorded by Manny Rodela, and is also the same as the Stationary Cha Cha step sheet by Oscar the Cowboy on Copper Knob.  
 Those step sheets begin the dance with what is the 3-4 Rock Fwd R step on this sheet.
- This dance was originally called the Cowboy Cha Cha, and started being taught in Colorado in the late 1980's.
- The choreography was recorded Manny & Alice Rodela in Colo Springs CO, although Manny states that someone unknown actually created the dance.
- Manny Rodela made the decision to rename it to Colorado Cha Cha, to avoid confusion with the more common "circular version" of the Cowboy Cha Cha.
- You can transition from Colorado Cha Cha, to BALLROOM Cha Cha, and then back to Colorado Cha Cha without losing a beat. This is demonstrated in the video at [youtu.be/N8ae8Ytxl3Y?t=1658](https://youtu.be/N8ae8Ytxl3Y?t=1658)
- This simplified version of the step sheet was created Feb. 2015 by line dance instructor Jan Anderson of Apache Junction AZ, and was last modified 4/11/2021 by JamesIngram.net .